

First Priority Manufacturing  
 Quality Assurance Department  
 2681 Delta Ring Road  
 Ferndale, WA 98248 USA  
 Phone: 360.366.3420  
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## Certificate of Analysis

Product Code: 6256R10	Lot Number: S004A	Date of Manufacture: Nov 2021
Master Batch Record Name: Women's Complete (180) Cap Bottling MBR		
Product Label Name: Women's Complete 2000IU's of Vitamin D3		
Net Quantity of Contents: 180 Capsules	Serving Size: 8 Capsules	Stability Testing Not Complete

Ingredient	Results per Capsule
Vitamin A (as Beta Carotene)	375mcg RAE
Vitamin C (as Ascorbic Acid)	125mg
Vitamin D (as Cholecalciferol (2,000IUs per serving))	6mcg
Vitamin E (as rrr- $\alpha$ -tocopherol from sunflower (Sunvitol™))	21mg
Vitamin K (as Phytonadione)	10mcg
Thiamin (Vitamin B1) (as Thiamin HCl)	4mg
Riboflavin (Vitamin B2) (as Riboflavin )	4mg
Niacin (Vitamin B3) (as Niacinamide)	4mg NE
Vitamin B6 (as Pyridoxine HCl)	13mg
Folate (as (6S)-5-Methyltetrahydrofolic acid (equivalent to 185 mcg of (6S)-Methyltetrahydrofolic Acid Glucosamine Salt)(Quatrefolic®))	170mcg DFE
Vitamin B12 (as Methylcobalamin)	32mcg
Biotin (Vitamin B7)	38mcg
Pantothenic Acid (Vitamin B5) (as D-Calcium Pantothenate)	10mg
Choline (from 4mg Choline Bitartrate)	2mg
Calcium (as Calcium Hydroxide Citrate)	63mg
Iron (as Iron Oxide Citrate)	2mg
Iodine (as Potassium Iodide)	19mcg
Magnesium (as Magnesium Oxide Citrate)	47mg
Zinc (as Zinc Oxide Citrate)	1mg
Selenium (as Sodium Selenite Rice/Soy Chelate)	9mcg
Copper (as Copper Carbonate Aspartate Rice Chelate)	0.25mg
Manganese (as Manganese Carbonate Citrate)	0.2mg
Chromium (as Chromium Chloride Heyahydrate Polynicotinate (ChromeMate® CM-100M))	15mcg
Potassium (as Potassium Carbonate Gluconate)	2mg
Bitter Orange (Fruit) (Citrus aurantium L.) Extract 25% Bioflavonoids	25mg
Chastetree (Fruit) (Vitex angus-castus) Extract 4:1	25mg
Ginger (Root) (Zingiber officinale Roscoe) Extract 4:1	25mg
Pancreatin 8x (includes the following): Amylase 33,600 USP/serving Lipase 5,544 l	21mg
Soy (Bean) (Glycine max Merr.) Extract 40% Isoflavones	20mg

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Black Cohosh (Root) ( <i>Actaea racemosa</i> L.)		19mg
Dong Quai (Root) ( <i>Angelica sinensis</i> )		19mg
L-Glutamic Acid		19mg
Lecithin (from Soy (Bean) ( <i>Glycine max</i> Merr.))		19mg
Para-Aminobenzoic Acid (PABA) (Vitamin B-10)		10mg
Palm-Leaf Raspberry (Fruit) ( <i>Rubus chingii</i> hu) Extract 10:1		7mg
Inositol		4mg
Bitter Orange (Fruit Peel) ( <i>Citrus aurantium</i> L.) Extract 98% Hesperidin		3mg
Japanese Sophora (Flower) ( <i>Sophora japonica</i> L.) Extract 95% Rutin		3mg
Boron (as Boric Acid Citrate)		19mcg
<b>AVERAGE FINISHED CAPSULE WEIGHT</b>		<b>1,042 MG</b>

Other Ingredients: rice flour, capsule (hypromellose, purified water)

Contains: soy (soybean, lecithin, selenium)

Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Quatrefolic® is a registered trademark of Gnosis S.p.A. Inc. U.S. Patent No. 7,947,662

ChromeMate® CM-100M is a registered trademark of InterHealth Nutraceuticals Inc.

Sunvitol™ is a registered trademark of Nutralliance

Assay	Method	Specification	Results
NIR	FPM 1.01	Positive	Pass
Appearance	FPM 3.01	(00) Vegi Capsule	Conforms
Total Aerobic Plate Count	FPM 5.01	AHPA $\leq 10^7$ CFU/G	Pass
Arsenic (As)	FPM 10.01	< 4ppm	Pass
Cadmium (Cd)	FPM 10.01	< 2ppm	Pass
Mercury (Hg)	FPM 10.01	< 5ppm	Pass
Lead (Pb)	FPM 10.01	< 2ppm	Pass
Enterobacteriaceae	FPM 14.01	AHPA $\leq 10^4$ CFU/G	Pass
Composition Analysis	FPM 17.01	Conforms	Pass

This Certificate Of Analysis is based on raw material assays and in house results checked by weight. Above stated ingredients are the inclusive list of all constituents of said lot and batch. First Priority Manufacturing acknowledges that each dosage may have up to a 5% difference in stated results due to processing techniques, and said percentage falls within U.S. Guidelines.

